PATENT CLAIMS

I CLAIM:

- 1. A sock, in particular for the use with sports activities, that is padded in the treading area and comprises padding (2, 3, 4) in the inner and outer areas of the balls of the foot, in the area of the heel, as well as in the outer instep, and that has intermediate spaces (6) between pads (2, 3, 4).
- 2. A sock as in Claim 1, wherein there is a pad on the ball of the foot (4) in the area of the inner and outer ball, the fabric of which is dissimilar in structure.
- 3. A sock as in Claim 2, wherein there the pad (4) on the ball of the foot is made up of multiple sections.
- 4. A sock as in Claim 1, wherein there is a sickle-shaped toe pad (5) arranged in the area of the toes.
- 5. A sock as in Claim 2, wherein there is a sickle-shaped toe pad (5) arranged in the area of the toes.
- 6. A sock as in Claim 3, wherein there is a sickle-shaped toe pad (5) arranged in the area of the toes
- 7. A sock as in Claim 4, wherein the toe pads (5) that are made up of multiple individual pads (51 through 55).
- 8. A sock as in Claim 7, wherein the fabric of the individual pads (51-55) is dissimilar in structure.
- 9. A sock as in Claim 1, wherein the pads (2, 3, 4) have varying degrees of firmness.
 - 10. A sock as in Claim 4, wherein the pads (2, 3, 4, 5) have varying degrees of

firmness.

- 11. A sock as in Claim 5, wherein the pads (2, 3, 4, 5) have varying degrees of firmness.
- 12. A sock as in Claim 1, wherein at least one side climate conduit (7) is provided that leads into at least one of the separate pads (2 through 4) created by the intermediate spaces (6) on the treading area (1).
- 13. A sock as in Claim 4, wherein at least one side climate conduit (7) is provided that leads into at least one of the separate pads (2 through 5) created by the intermediate spaces (6) on the treading area (1).
- 14. A sock as in Claim 5, wherein at least one side climate conduit (7) is provided that leads into at least one of the separate pads (2 through 5) created by the intermediate spaces (6) on the treading area (1).
- 15. A sock as in Claim 10, wherein at least one side climate conduit (7) is provided that leads into at least one of the separate pads (2 through 5) created by the intermediate spaces (6) on the treading area (1).